

Coastal Spirit Football Club

START DATE Sat 10th May 2008 11am

The purpose of this document is to illustrate that Coastal Spirit would like to look at the formation of a new "in House" league for the 2008 season for the 3-8 year old children. The purpose of the "Coastal Spirit Brand" is to bring Football back to the youth of the East Christchurch and the club feel that this could be a step in the right direction.

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Team 6 Tony Green (Phoenix) 3826163 0272460157
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Team 7 Stuart Green / Michelle Lang (Dolphins) 3816651 3892385 0272779295
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Teams with the bye may want to arrange a 4x4 match at the Eric Adam Park at 11am. A Suitable Field will be provided.

Date	HomeTeam	HomeScore	AwayScore	AwayTeam
10th May	1			2
	3 Dragons			4
	5			6 Phoenix
	7 Dolphins			Bye
17th May	Bye			3
	2			7
	6			1
	5			4
24th May	Bye			1
	2			5
	3			7
	4			6
31st May	6			2
	1			3
	7			4
	5			Bye
7th June	7			1
	Bye			6
	3			5
	4			2
14th June	2			Bye
	1			4
	6			3
	5			7
21st June	1			5
	7			6
	3			2
	4			Bye
28th June	6			5
	Bye			7
	2			1
	4			3
5th July	1			Bye
	6			4
	7			3

	5			2
19th July	Bye			5
	3			1
	2			6
	4			7
26th July	2			4
	6			Bye
	1			7
	5			3
2nd August	Bye			2
	3			6
	7			5
	4			1
9th August	2			3
	6			7
	5			1
	Bye			4
16th August	7			2
	1			6
	Bye			3
	4			5
23rd August	6			5
	7			Bye
	1			2
	4			3
30th August	3			7
	2			5
	Bye			1
	4			6

7-a-side Competition Rules Juniors 7-8th Grade

1. **Number of players per side**
7 aside - Including Goalkeeper
2. **Duration of matches:**
7th-8th Grade 2 x 20 min halves plus half time **Start of play is due at approximately 11 am on a Saturday.**
3. **Substitutions**
Teams should have a maximum of 10 players, only 7 to be on the field at any one time, one must be a goalkeeper. There is no limit on the number of substitutions – unlimited interchange of players is allowed without the permission of the referee providing that:
 - i) the player leaves the field completely before the substitute goes on
 - ii) that there is no interruption to the flow of the game
 - iii) players always enter and leave from the half-way line.
4. **Balls**
7th-8th Grades Size 3
5. **Shin guards**
Shin guards must be worn at all times, and must not be exposed.
6. **Goalkeeper**
Goal kicks can be from the goalkeeper's hands or from the ground.
7. **Corner kicks**
If on a marked small pitch – the corner shall be taken from the corner flag.
8. **Goals**
Goals will be the larger junior goal sizes.
9. **Offside**
There is no "off-side" rule. However, coaches must discourage players from consistently standing in an off-side position — this is not in the spirit of the game.
10. **Field Sizes**
7th - 8th Grade 1/3 of a standard pitch using larger goals

11. Coaching

Both coaches may be on the field. However, it is recommended that coaches let the players play and do not coach during the match.

12. Competitions

7th - 8th Grades - Three points are awarded for a win, one point for a draw and no points for a loss.

13. Free/penalty/Goal Kicks.

All free kicks are to be indirect. A goal can not therefore be scored directly from a free kick, unless it is touched by a player (of either team) other than the kicker before it goes through the goal posts.

At free kicks all opposing players must be at least 6 metres from the ball.

There are no penalty kicks, and any free kicks for either side given within the penalty area, (10metres from the goal) shall be taken from a point on the edge of the penalty area closest to where the infringement took place.

Goal kicks may be taken from anywhere within the penalty area or from the line marking the penalty area.

14. Throw Ins

Throw-ins are to be taken. However, a foul throw will not mean an automatic turnover.

Rather, the same thrower is to be shown the correct way and allowed to throw again.

Re-throws shall be limited to one per team on each occasion the ball goes out, after which the opposing team will be awarded the throw-in.

Opposition players are not to impede the thrower or throw

You will see that the main focus of the 7th to 8th grades is the acquisition of technique and skill.

As the player leaves the non-competitive grades they should have learned a good spread of basic technique to successfully move into the next stage of development.

Fun and enjoyment and learning new skills should be the main reason they are playing a sport.

Good Luck and enjoy the season