



Online Newsletter November 2009

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Coastal Spirit gratefully acknowledges the assistance of the following organizations. Without their support, the Club would find it difficult to offer the resources and facilities required for both player and coach development.

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News Flash - CSFC Coaches Network

CSFC is proud to announce the creation of a coaching pathway program that will support, develop and guide selected coaches and key teams throughout the club as they move forward in football. This new initiative will compliment our existing player pathway program. To facilitate this, the club has appointed **Korouch Monsef** for 10 hours per week to work with our promising junior, youth and senior coaches and give them the best opportunity and environment to fulfill their potential. Work will start next month and continue throughout the year. For more information contact gareth@linfield.co.nz or Ph. 389 3007

Mainland Pride

5 Coastal athletes are involved in competitive football over the summer. **Hannah Wong, Ashleigh Ward, Chloe Jones, Laura Merrin** and **Haley McKnight** are all part of the Mainland Pride team which to date has recorded one win and one loss. Their next game is Sunday 29th November, 1:00 p.m. at English Park against unbeaten Capital Football (Wellington). Get out and support our girls!!!!

Canterbury United Dragons

Thank you to all the volunteers who assisted at the Canterbury United NZFC game against Waikato on the 08th of November. The club has raised \$540 from your efforts. This week 10 volunteers are invited to the Robbies Hill VIP area to support the Dragons against Hawkes Bay. Get down and support the boys at 2:00 p.m. Sunday as they look to back up from a good win over Waikato.

Year Books

Year Books for 2009 are now available for purchase for \$4 from the offices at Linfield Sport (56 Kearney's Road). Once again thanks must go to life member **Jim Hawkey** for the dedication he has put into assembling the book over the past 12 months. The book comes in Junior's, Men's, Women's and Sunday sections of the club. Plenty of stats and photos so get in and buy one.

Summer 5 aside

Our Summer **Footy Fives** 5 a-side league for juniors is underway on Monday nights down at Bexley Reserve. 8 teams (including one from **Burwood**) playing 40 minute games with heaps of action, goals, and excited kids so get down and watch. Games kick off at 5:00 p.m. and 5.45 p.m.

Sporting Futures

The Sporting Futures Scholarship program has started for the next 12 months. Coaching staff consists of Korouch Monsef (ex Canterbury United coach), Ed Baranowski (Wellington Phoenix trainer) and Gareth Turnbull (Football Development Manager). Currently 25 athletes aged 15-18 train 3 times per week at Bexley. The program ensures athletes improve their technical execution, strength and fitness as well as adding educational components around them such as nutrition, physiology and massage classes. We also provide a pathway for these players from into our senior environment. Very exciting times for these talented athletes as they strive to become professional footballers.

Centre of Achievement (COA)

The COA programme for 2009/10 has started with our junior (U13) group working with Jose Matiz and our senior (U15) group working with senior reserve team coach Adam Keiser. The focus of this term is on football fitness and technique. Sessions are Friday evenings down at Eric Adam.

CSFC Planning Day

Saturday 28th November the CSFC Executive Board and RTG committee plus invited guests will spend the day reviewing and finalizing our strategic plan for 2010 and beyond and take steps toward ensuring we are a vibrant, viable club off the pitch as well as a powerhouse on it. Further information will be published later in the year. If you are interested in attending or would like a copy of the current strategic plan e-mail waynemctague@hotmail.com

Men's First Team Coach

CSFC are currently advertising for a new men's first team coach for 2010. Applications close later this week. If you know of anyone who may be interested and want more details email gareth@linfield.co.nz

Canterbury United Youth Team

CSFC has 6 boys trialing for the Canterbury United Youth team, coached by former CSFC head coach Alan Walker. All are involved in the Sporting Futures Programme and play for either our senior team or reserve side. Best of luck lads for selection.