

> From The Dug Out



www.coastalspirit.co.nz

DECEMBER 2008

SPONSORS

Coastal Spirit gratefully acknowledges the assistance of the following organizations. Without their support, the Club would find it difficult to offer the resources and facilities required for both player and coach development.

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The Board and Staff at Coastal Spirit FC would like to wish all Club Members and their families a Merry Christmas and a Happy Year keep safe and will see you in the New Year

Registration Dates

Senior and Junior
All registrations will be held at the
Linfield Sport Clubrooms
56 Kearneys Road

6th February from 10.30am – 2pm

Waitangi Day

10th February from 4pm – 6pm

15th February from 9am – 11am

Waitangi Day Picnic

6th February, 10.30am – 2pm
Linfield Sport
56 Kearneys Road

Load up your car with food and refreshments; there will be BBQs for you to cook on.

For the Kids: Bouncy Castle, Titanic Slide, Merry Go Round, Kiddy Cars, Running races and sack races.

There will be no cost for these, but you may want a dollar or two if you or your children want an ice-cream or drink, vendors will be onsite.

This is a fantastic day for the kids & we hope to see you there.

The picnic will be cancelled if wet, listen to 3ZB at 7.30am on Friday morning

Senior / Junior Appointments

2009 will see Alan Walker continue his good work from 2008 with the Men's First Team. Last season brought success in form of runners up in the league and reaching the final of the English Cup. Alan will begin his third season in charge when preseason gets underway in mid January. Alan has just completed his National Academy Coaching Licence (NACL), a week long accreditation, and is already well underway plotting a return to the Mainland Premier League for 2010.

Current Football Development Manager Gareth Turnbull will be in charge of the Women's Premiers when **2009** gets underway. After claiming league and cup titles last year, Rowena and Mike Fulham have stepped aside after creating what they called the beginning of a legacy. Gareth, who also has his NACL, has already begun work with a collection of players who welcomes back Megan Shea to the group after she competed in the FIFA U-17 Women's World Cup in November.

Watch out for big things to come from both our senior sides. If you want to contact either coach about trainings please email Alan on alanw@champions.co.nz and Gareth at gareth@linfield.co.nz

Important Dates to Remember

March 27th-29th -

World Record attempt longest game of Indoor Football.

April 4th -

Senior Football Season starts

April 26th -

Junior Football Season starts

Centre of Achievement

Since late October, two selected junior groups have been training once a week in our own academy style system called the Coastal Spirit Centre of Achievement. The junior group (U-12) is being coached by Adam Keizer and the senior group (13-15) are working under the guidance of Keith Howard. Each group has had 8 sessions this term and have since completed end of term review and assessments. This programme not only allows for our own players to continue their development and growth over the summer months, but they will again work as a programme through terms 1 and 2. The programme will culminate at the July holidays, where the senior group will take part in the Kanga Cup in Australia, the largest youth football tournament in the Southern Hemisphere. Selection for year twos programme will take part throughout term 3, so to be involved in this wonderful system, make sure you are listening to your coaches, attending all trainings, and giving it your best shot.

Coach Development

Over the past 9 months, 41 coaches have been up skilled and accredited to Small Whites, Level 1 and NACL levels through course run by FDM Gareth Turnbull. Gareth has also been working hard developing our own coaches through many different vehicles. Informal coaching workshops with topics such as planning, goal keeping, SAQ (speed, agility, and quickness), game day tactics and 4 vs 4 were run over 5 one hour sessions. An electronic library on the CSFC website was made available to coaches to use, as well as on going feedback and observations of coaches delivering sessions in their own team environment. 2009 will see a coach pathway/criteria system introduced that will cater for all our coaches (midgets – seniors). This will help facilitate the continued growth and development of our coaches to ensure all our athletes will be receiving the most suitable level of coaching available to them.

Coastal Spirit FC Governance Board

Executive Chairman:

Mark Cini

President:

Grant Chellew

Finance Director:

John McManus

Club Manager:

Wayne McTague

HR/Membership:

Tony Green

Marketing/HR:

Martin Cole

Communications:

Darren Booth

Football Development:

Gareth Turnbull

Gym Times

Open to financial members only (16 years and over)

9am – 8pm Monday to Thursday

9am – 5pm Friday

9am – 12pm Saturday

You **must** sign in and bring a towel. Ring the club on 389 3007 if you have any queries

Christmas Hours

The gym will be closed from Tuesday 23rd December, reopening on the 12th January 2009.

Coastal Spirit FC players receiving NZ Selection

Drew Salakov – Member of CSFC PDL team. Drew has gained selection in the NZ U-15 wider training group that has met twice over the past 6 months.

Haley McKnight – Member of CSFC U-16 girl's team. Haley gained selection in the NZ U-15 wider training group that has met twice over the past 6 months.

Hannah Wong – Member of CSFC Women's Premier team. Hannah gained selection in the NZ U-15 wider training group that has met twice over the past 6 months.

Megan Shea & Victoria Esson – Members of the CSFC Women's Premier team. Megan and Victoria were members of the NZ U-17 side that competed in the FIFA U-17 Women's World Cup in New Zealand in October this year.

Victoria Esson – Victoria also was a member of the NZ U-20 team that competed in the FIFA U-20 Women's World Cup in Chile in November this year.

ATTENTION! Coastal Spirit FC Members

Please let us know if you have changed your address or any contact details since the beginning of the 2008 season. It is important that we have your details up to date.

If they have changed or if you are unsure, then please send an email to michelle@linfield.co.nz with the subject 'change of address', or contact Michelle on 389 3007.



**Wishing you all a safe and enjoyable
Christmas**